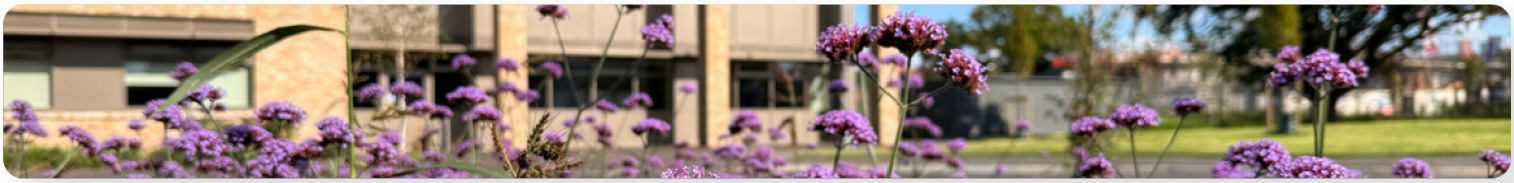
Luminous Oak Academy

Weekly Newsletter

SOLENT Academies Trust

DATE: 13TH NOVEMBER 2026 **luminousoak-academy.net**



Our Vision

At Luminous Oak Academy our pupils grow strong roots, find their voice and learn to believe that they can achieve great things.

Key Dates

Christmas Holiday
21st December – 1st January 27

February Half-Term
15th February – 19th February 27

Easter Holiday
26th March – 9th April 27

May Day
3rd May 27

Summer Half-Term
31st May – 4th June 27

Summer Holiday
23rd July – 1st September 27

Inset Days 2026/2027
4th January 2027
12th February 2027
12th April 2027
7th June 2027

Welcome to Luminous Oak Academy

Following another positive and productive week at Luminous Oak Academy, we have continued to see pupils demonstrating resilience, positive attitudes, and a commitment to making the most of every opportunity available to them. Staff have been particularly impressed by the way pupils have supported one another, engaged in their learning, and represented our school values with maturity and respect.

This week, pupils and staff also observed Remembrance Day. Classes took time to reflect on the significance of the day, and the entire school participated in a two-minute silence. We were incredibly proud of our pupils, who approached the occasion with such maturity, respect, and understanding. Their conduct was exemplary and reflected the caring and thoughtful nature of our school community.

In this week's newsletter, we are sharing several important updates for families, including expectations regarding hoodies in school, a reminder about the importance of pupils remaining in cars and taxis until staff are present each morning, guidance around Pokémon card trading in school, and information about recent discussions with pupils regarding the use of racist language and the importance of maintaining a respectful and inclusive environment for all.

We would also like to sincerely apologise for today's school closure. We appreciate that the decision was made at short notice and may have caused inconvenience to families. However, the safety and wellbeing of our pupils, families, and staff must always remain our highest priority. We would like to thank everyone for their understanding, patience, and support in response to the situation. Your cooperation is greatly appreciated and helps us ensure that we make the safest decisions for our school community when circumstances require it.

Thank you for your continued support and partnership. By working together, we can continue to provide a safe, positive, and successful learning environment for every pupil.

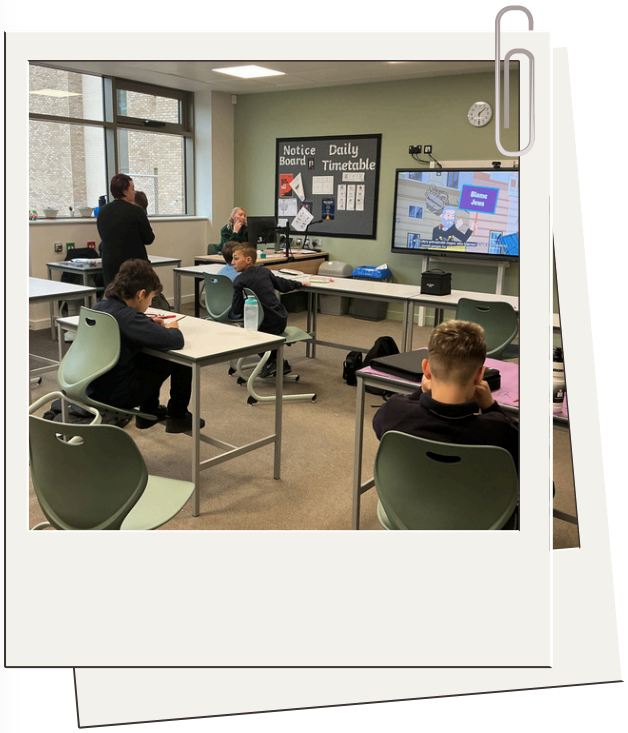
Louisa Paston
Principal

Respectful Language and Inclusion

At Luminous Oak Academy this week, we have spoken with pupils about the use of inappropriate racial language, including terms that are often heard online, in music, or on social media.

Whilst pupils may not always intend to cause offence when using these words, it is important that everyone understands that language associated with racism is unacceptable and has the potential to cause harm, distress, and upset to others. We have staff, pupils, families, and visitors from a wide range of backgrounds, and everyone has the right to feel safe, respected, and valued within our school community.

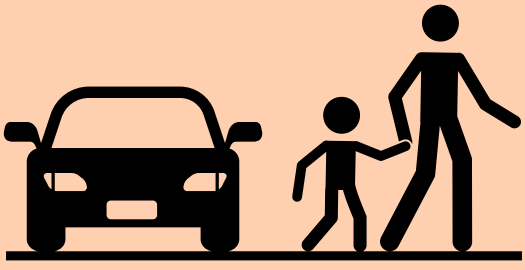
We ask families to support us by reinforcing this message at home and discussing the importance of respectful language and treating others with kindness.



Morning Drop Offs

We would like to remind families of our morning arrival procedures to help keep everyone safe. **Pupils must remain in their vehicles until a member of staff is present and instructs them to exit. They should not leave vehicles independently or approach the school gates without staff supervision.**

These procedures help ensure a safe and orderly start to the day. We appreciate your continued support and ask families to reinforce this expectation with their children. Thank you for working in partnership with us to keep our pupils safe.

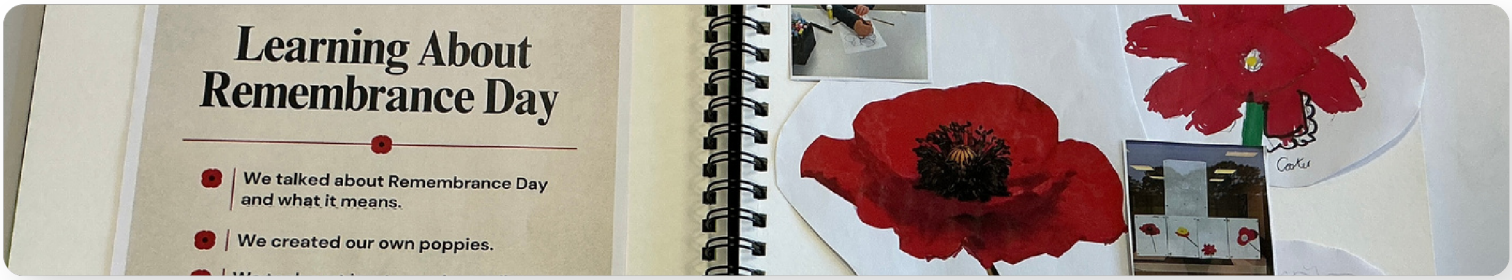


A Message for Year 6

We would like to thank our staff, pupils, and families for the understanding and support they have shown during the recent changes to class arrangements while Beth is away from school.

We recognise that periods of change can sometimes feel uncertain, but we have been incredibly proud of how positively our school community has responded. Pupils have demonstrated resilience, staff have worked hard to maintain consistency, and families have continued to work closely with us to support a smooth transition.

Thank you for your patience, trust, and partnership. Together, we will continue to ensure that all pupils feel safe, supported, and able to thrive during this time.



IMPORTANT REMINDERS



Hooded Tops

We would like to take this opportunity to remind families that hooded tops (hoodies) are not permitted in school for either pupils or staff.

This expectation forms part of our commitment to maintaining a safe, professional, and consistent learning environment.

If pupils arrive at school wearing a hoodie, we will request that families come in to collect it.



Water Bottle Policy

We would like to thank families for their support in helping pupils transition from metal water bottles to plastic ones. Since metal bottles are no longer permitted in school, we have seen a positive response from families in making this change.

This adjustment helps us maintain a safer environment for all pupils and reduces the risk of accidental injuries caused by dropped or misused metal bottles. We appreciate your cooperation and ongoing support in following our school guidelines.





Pokémon Trading

We are aware that there has been an increase in pupils bringing Pokémon cards into school and attempting to trade, buy, and sell cards with their peers. Unfortunately, this has led to a number of issues, including disagreements over the value of cards, concerns about counterfeit (fake) cards, and reports of pupils asking others for money.

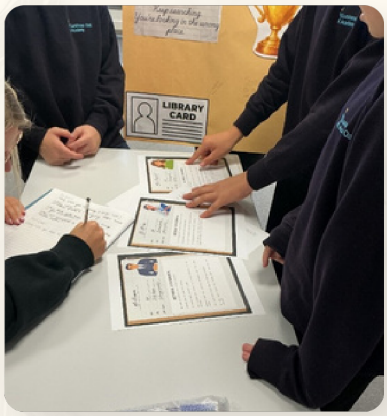
To avoid these situations, ALL Pokémon cards and all forms of trading are no longer permitted in school. The school is unable to verify the authenticity or value of cards and cannot take responsibility for items that are lost, damaged, traded, or disputed between pupils.

A MESSAGE FROM YEAR 7

This week Year 7 have been detectives, time travellers and treasure hunters! We discovered a crime scene on Monday, and students worked together to gather evidence, question suspects and piece together information to uncover the criminal.

Tuesday saw students travel through time decoding a hieroglyphic messages in Ancient Egypt, summarising information about the Roman Empire, and completing a shopping list for Vikings. Wednesday we became pirates, piecing together a treasure map, exploring how we'd survive on a desert island, learning about Blackbeard and reading an interactive pirate tale. Finally, on Thursday students gathered evidence about a murder and explored how they'd question witnesses.

Amy





Conversation Starter

Try asking your child:

Tell me about something that was difficult for you this week. How did you overcome it?

Wellbeing Tip

Ask your child to share three things they are grateful for each evening. These can be big or small, from spending time with friends to enjoying their favourite meal.

SEMH Focus of the Week

This week, we are focusing on resilience - the ability to keep going when things are difficult, learn from mistakes, and bounce back from challenges.

Throughout life, we all experience setbacks, frustrations, and obstacles. Developing resilience helps children build confidence, manage their emotions, and recognise that mistakes are an important part of learning and growing.

School Timings

Monday -	08:45 - 15:00
Tuesday -	08:45 - 15:00
Wednesday -	09:45 - 15:00
Thursday -	08:45 - 14:00
Friday -	08:45 - 15:00

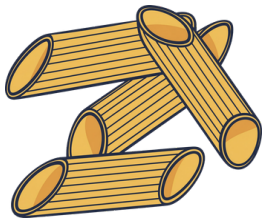


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Find us on Facebook and join our school community today!

CLICK HERE TO FOLLOW



Lunch Menu



V VEGETARIAN VE VEGAN

V1 22.07.26

Week 1 7th Sept, 28th Sept, 2nd Nov, 23rd Nov, 14th Dec			
	Mains	Sides	Dessert
Mon	**Option 1:** Macaroni Cheese V **Option 2:** Flaky Quorn Twist V **Option 3:** Jacket Potato with Cheese V	Choice of at least 2 vegetables & choice from the Salad Bar	Lemon & Ginger Oatcake OR Fruit OR Yogurt OR Cheese & Crackers V
Tues	**Option 1:** Chicken & Bean Curry with Rice **Option 2:** Frittata V **Option 3:** Jacket Potato with Tuna Mayo	Choice of at least 2 vegetables & choice from the Salad Bar	Peach Upside Down Cake & Custard OR Fruit OR Yogurt OR Cheese & Crackers V
Wed	**Option 1:** Beef Cobbler **Option 2:** Lentil Roast V **Option 3:** Jacket Potato with Coleslaw V	Choice of at least 2 vegetables & choice from the Salad Bar	Chocolate Orange Shortbread OR Fruit OR Yogurt OR Cheese & Crackers V
Thu	**Option 1:** Pork Sausage Pasta **Option 2:** Vegetable Goujons V **Option 3:** Jacket Potato with Cheese V	Choice of at least 2 vegetables & choice from the Salad Bar	Date & Cocoa Swirls OR Fruit OR Yogurt OR Cheese & Crackers V
Fri	**Option 1:** Salmon Fish Cake & Fries **Option 2:** Baked Bean Lasagne V **Option 3:** Jacket Potato with Beans VE	Choice of at least 2 vegetables & choice from the Salad Bar	Fruity Flapjack OR Fruit OR Yogurt OR Cheese & Crackers V

Week 2 14th Sept, 5th Oct, 9th Nov, 30th Nov			
	Mains	Sides	Dessert
Mon	**Option 1:** Southern Quorn burger in a bap **Option 2:** Vegetable Wellington V **Option 3:** Jacket Potato with Tuna Mayo	Choice of at least 2 vegetables & choice from the Salad Bar	Apricot Oatie OR Fruit OR Yogurt OR Cheese & Crackers V
Tues	**Option 1:** Chicken & Thyme Pie **Option 2:** Chickpea Burger V **Option 3:** Jacket Potato with Cheese V	Choice of at least 2 vegetables & choice from the Salad Bar	Lemon Drizzle Cake OR Fruit OR Yogurt OR Cheese & Crackers V
Wed	**Option 1:** Lasagne & Garlic Bread **Option 2:** Soy Balls with Tomato Sauce & Pasta V **Option 3:** Jacket Potato with Coleslaw V	Choice of at least 2 vegetables & choice from the Salad Bar	Pear Pastry Puff OR Fruit OR Yogurt OR Cheese & Crackers V
Thu	**Option 1:** Roast Chicken & Roast Potatoes **Option 2:** Veggie Pasta Bake V **Option 3:** Jacket Potato with Cheese V	Choice of at least 2 vegetables & choice from the Salad Bar	Apple & Cinnamon Sponge OR Fruit OR Yogurt OR Cheese & Crackers V
Fri	**Option 1:** Fish Fingers & Fries **Option 2:** Meatless Chilli & Rice V **Option 3:** Jacket Potato with Beans VE	Choice of at least 2 vegetables & choice from the Salad Bar	Fruit Pie & Custard OR Fruit OR Yogurt OR Cheese & Crackers V

Week 3 21st Sept, 12th Oct, 16th Nov, 7th Dec			
	Mains	Sides	Dessert
Mon	**Option 1:** Cheese, Pepper & Tomato Pizza V **Option 2:** Boston Quorn Sausage & Beans V **Option 3:** Jacket Potato with Tuna Mayo	Choice of at least 2 vegetables & choice from the Salad Bar	Banana Muffin OR Fruit OR Yogurt OR Cheese & Crackers V
Tues	**Option 1:** Roast Pork & Roast Potatoes **Option 2:** Chickpea Roast V **Option 3:** Jacket Potato with Coleslaw V	Choice of at least 2 vegetables & choice from the Salad Bar	Cinnamon Bun OR Fruit OR Yogurt OR Cheese & Crackers V
Wed	**Option 1:** Shepherd's Pie **Option 2:** Vegetable Goujons V **Option 3:** Jacket Potato with Beans VE	Choice of at least 2 vegetables & choice from the Salad Bar	Sultana Cookie OR Fruit OR Yogurt OR Cheese & Crackers V
Thu	**Option 1:** Hawaiian Street Pan Chicken **Option 2:** Cheese & Onion Turnover V **Option 3:** Jacket Potato with Coleslaw V	Choice of at least 2 vegetables & choice from the Salad Bar	Oatie Fruit Crumble & Custard OR Fruit OR Yogurt OR Cheese & Crackers V
Fri	**Option 1:** Tuna Pasta Bake **Option 2:** Beanie Wraps V **Option 3:** Jacket Potato with Cheese V	Choice of at least 2 vegetables & choice from the Salad Bar	Chocolate Brownie & Chocolate Sauce OR Fruit OR Yogurt OR Cheese & Crackers V

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